

## Cross in My Pocket Instructions: by Roz Watnemo

In remembrance of my father, Lloyd Wold, and because so many of my Nordic Needle customers asked for the pattern, here are the instructions for the Cross in My Pocket. The verse is printed at the end in a workable format for copying and printing off in multiples. Fold it in half both ways and tuck it inside the pocket behind the cross.

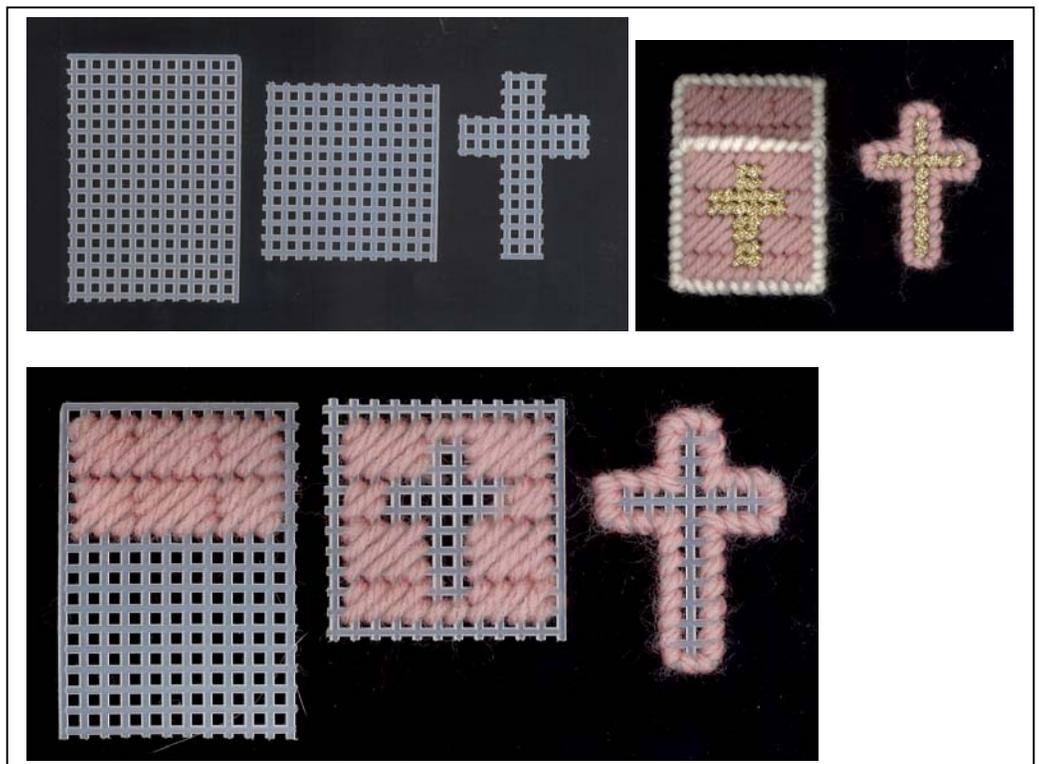
- Using 7 count plastic canvas, cut three pieces.
  - Cross shape is two holes wide and 12 holes from top to bottom. At the cross arms it is 8 holes wide.
  - The back piece is 11 holes wide and 16 holes high.
  - The square front piece is 11 holes by 11 holes.
- Using Red Heart knitting yarn, or similar brand, measure off one yard and thread it into a size 20 tapestry needle. Use this color for the cross border and the two rows of stitching on the rectangular piece and the square piece of plastic canvas (see photo). Stitches are worked diagonally. See photo for length of each stitch. For the cross, whip stitch around the border making two stitches at each outside corner, one going each way.
- Use Rainbow Gallery Plastic Canvas 7 Metallic Thread (item RGPLA-(chosen color number), to stitch inside the cross as well as the cross shape rows on the front square piece. Each stitch goes diagonally over one plastic canvas junction.
- Assemble the pocket by placing the square piece over the bottom of the rectangular piece, matching the plastic canvas holes. Use a complimentary color of yarn to whip stitch around the top border, beginning with the top of the square piece, going from right to left. When you get to the end of the row, start going through both of the plastic canvas layers, connecting them together as you continue stitching down and around the bottom and up the next side, over the top and back to where you started sewing them together.
- Insert the Cross in My Pocket verse, folded into the pocket, and place the cross in the pocket over the verse.

Because my father stitched over 4,400 of these in his lifetime, beginning in his 70's, I kind of think of this as his trademark. My dad had one of these placed in his hands as he was buried on October 13, 2008, his 87<sup>th</sup> birthday. So, as you stitch these and share them with your family and friends, you will be honoring my father and our Heavenly Father as you share the hope and promise each one of them brings.

In researching on the internet, I find that this poem was written by Mrs. Verna Mae Thomas.

### The Cross In My Pocket

I carry a cross in my pocket  
A simple reminder to me  
Of the fact that I am a Christian  
No matter where I may be.  
This little cross is not magic  
Nor is it a good luck charm.  
It isn't meant to protect me  
From every physical harm.  
When I put my hand in my pocket  
To bring out a coin or key  
The cross is there to remind me  
Of the price He paid for me.  
It reminds me too, to be thankful  
For my blessings day by day  
And to strive to serve Him better  
In all that I do and say.  
It's also a daily reminder  
Of the peace and comfort I share  
With all who know my Master  
And give themselves to His care.  
So, I carry a cross in my pocket  
Reminding no one but me  
That Jesus Christ is Lord of my life  
If only I'll let Him be.  
If only I'll let Him be.



I stitched this after the death of my father, Lloyd Wold. I do not know if he stitched it in this sequence, but I did the best I could, wishing I would have stitched one with him.