



Mayan Mystery Motif

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Mayan stitching techniques have changed little over time. The main design elements are done in a satin stitch. I have outlined the petals and leaves with a chain stitch which was introduced by outside cultures.

Materials used:

Vintage Multi-Stripe Tea Towel (#9897)

DMC Floss, use 2 plies for all stitching

- ⊗ Center – Yellow #444 (Use red #321 for cross stitched center accents)
- ⊗ Inner Petals – Red satin stitch #321, Red chain stitch outline #498
- ⊗ Middle Petals – Orange satin stitch #740, Orange chain stitch outline #720
- ⊗ Outer Petals – Blue satin stitch #799, Blue chain stitch outline #797
- ⊗ Green leaves – Green satin stitch #101, Green chain stitch outline and leaf lines #561
- ⊗ Ojo points – Black #310, choose to make it solid or just chain stitched outline.

Directions

- ⊗ You can enlarge or reduce the pattern to the size you want your motif to be.
- ⊗ Trace the dark lines onto your fabric.
- ⊗ Beginning in the center, fill in with long and short-stitches. I allowed a bit of the towel to show through. Add the chain stitch border.
- ⊗ The rest of the rings have two colors. I did the satin stitch like the center, but allowed more towel to show through. Then before doing the chain stitch edge, I went through and added a few stitches of the darker color.
- ⊗ Continue doing this for the petals and leaves.
- ⊗ It is up to you what you want to do for the four poles.